



WHEN THERE'S **HELP**, THERE'S **HOPE**.

Project Recover is a program that is working towards creating a positive community support network for people in recovery and their families throughout Oneida and Herkimer county.

- The total financial cost of addictions in the United States is estimated to be \$180 billion, annually.
- 2/3 of American families are affected by addiction.
- Every dollar invested in prevention achieves a savings of up to \$7 in areas such as substance use treatment and criminal justice systems costs.

Recovery Zones are businesses and agencies throughout the community that have agreed to partner with CFLR, Inc. and become involved in Project Recover. Recovery Zones can offer: Yoga & Fitness, Stress Management, Job Skill Training, Peer Mentoring, Monthly Workshops, Book Clubs, Common Sense Parenting and more.

For more information please call Laura Jacquays at (315) 768-2678 or email her at [ljacquays@cflrinc.org](mailto:ljacquays@cflrinc.org)

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If you are interested in learning more about Project Recover please fill out the following and send it to CFLR, Inc. 502 Court Street, Utica NY 13502.

Business name : \_\_\_\_\_

Contact person : \_\_\_\_\_

Phone number : \_\_\_\_\_

Email address: \_\_\_\_\_

Address: \_\_\_\_\_

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