



Join the Board of Directors at the Center for Family Life and Recovery

Help Shine Light on Hope, Healing, and Recovery in Our Community

Who We Are:

CFLR is a leading nonprofit serving Oneida, Herkimer, and Madison Counties. We promote prevention, recovery, and wellness through programs that strengthen individuals, families, and communities. Our values guide us every day:

Kindness • Integrity • Excellence • Efficiency • Courage • Purpose

Who We're Looking For:

CFLR is seeking **6** new Board Members to join our next leadership cohort! We're looking for community-minded professionals who bring both expertise and heart to our mission:

Finance / Accounting

Legal / Compliance

Human Resources

Marketing / Communications

Business Leadership / Entrepreneurship

Healthcare / Public Health

Fundraising / Philanthropy

Technology / Education / Youth Development

We especially welcome diverse voices from Utica, Rome, Camden, and Oneida County who reflect our community's strength and lived experiences.

Why Join the CFLR Board?

Make a tangible difference in lives touched by prevention, recovery, and wellness.

Build connections with influential community leaders.

Strengthen a mission-driven organization with deep local roots.

Grow your leadership and governance experience.

when there's help, there's hope



**If you or someone you know would be a shining fit for
CFLR's mission, please reach out to:**

Cassandra C. Sheets, LMSW

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whenthereshelpthereshope.com

Together, we can continue to bring light, leadership, and lasting recovery to our community.