

Attention Parents...

CFLR in conjunction with Erin's Light will be presenting a new support group: The Light Carried... TLC

This group is open to any parent experiencing the loss of a child, of any age, to overdose or addiction. The group provides a safe place to receive support & understanding in order to help you feel less isolated & alone.

The group will help you:

- Understand the challenges you face
- Connect with others who share the loss of a child due to addiction
- Learn new coping skills

When: Every other Tuesday starting Dec. 1st, 2020

Time: 6pm—7:30pm

Where: via Zoom

Link:

[https://zoom.us/j/92411082348?](https://zoom.us/j/92411082348?pwd=Z2QvWjlLU2U2RmRlckRjeVBLRC8yUT09)

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