

# Employee Assistance Program



The Employee Assistance Program is one of the many benefits provided to you through your employer. Employees and covered family members receive counseling at **no cost**.

## Who is Covered by Your EAP?

You as an employee of the company and family members living in your household (children under the age of 21 only).

The services provided to you by EAP counselors are FREE to you and your family members.

## Your EAP is Confidential.

We are unable, by law, to release any information about you or your case without a signed consent form from you. Upon request, a release of confidential information form will be given to you for your signature.

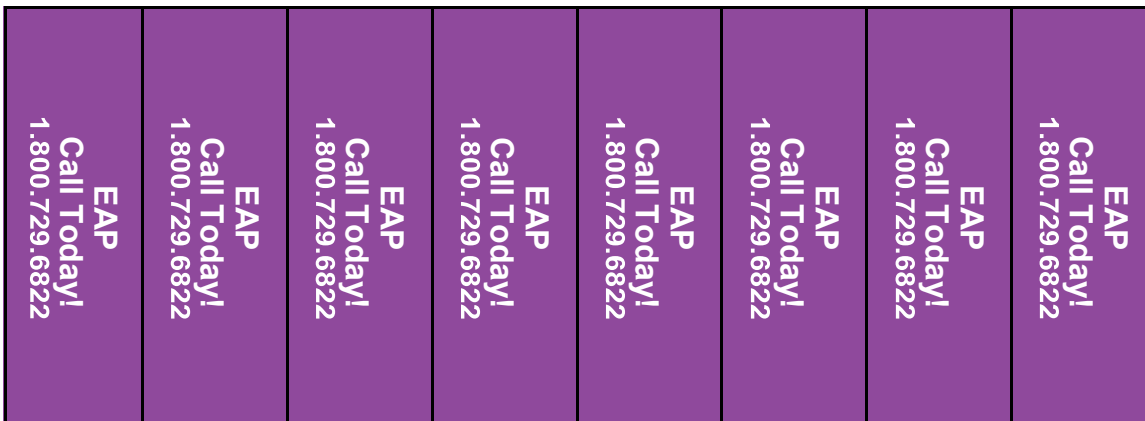
*Every day, approximately 50% of the people in America's workforce go to work with work/life issues that unfortunately act as barriers to job performance, attendance and the quality of life. Some of the issues confronting today's employees are:*

- Addictions
- Substance Abuse
- Relationship Problems
- Aging Parents
- Childcare
- Single Parenting
- Parent-Child Conflicts
- Death and Dying
- Grief Management
- Stress
- Anxiety
- Depression
- Financial or Legal Concerns
- Work-Related Problems
- Job Burnout
- Any Other Work/Life Concerns

# We're here to help.



Main: 502 Court Street, Suite 401, Utica, NY  
Rome: 201 West Dominick St, Rome, NY  
Herkimer: 205 N. Washington Street, Herkimer, NY  
Syracuse: 5900 North Burdick St., Suite 204 Syracuse, NY



Scan this to call direct

