

CFLR, INC. TRAININGS,
PRESENTATIONS AND
EVENTS

**"Concealing Secrets: An
Interactive Teen Mobile
Bedroom Kit"**

Where: Center for
Family Life and
Recovery, Inc.
502 Court St, Suite 401
Utica, NY 13502

When: Tuesday, August
28th
&
Tuesday, October 30th
Time: 5 P.M.– 6 P.M.

Cost: \$10 Can pay at the
door or online [\[HERE\]](#)

* **You must register ***
please call
315-733-1709

SAVE THE DATE:

**2018 Tim Foley
Recovery Classic Golf
Tournament**

Where: Woodgate Pines
Golf Club– Boonville, NY

When: September 16,
2018

To sponsor or reserve a
spot follow the link
below:

[Tim Foley Recovery
Classic Golf Tournament](#)

July 2018

WHAT'S HAPPENING IN PREVENTION THIS MONTH?

Oneida County Prevention Council Bulletin

CONTACT US

PHONE: (315) 733-1709

ADDRESS: 502 Court St, Suite 401
Utica, NY 13502

WEBSITE: www.WhenTheresHelpTheresHope.com

FAX: (315) 733-1789

OFFICE HOURS: Monday - Friday
8:30 A.M. - 4:00 P.M.

5 Tips to Help Stay Sober During Summer:

1. **Plan Ahead**– Be sure to ask who will be there, if there will be alcohol/substances, if there is make sure you have an exit strategy.
2. **Bring a Friend**– Bring someone that can hold you accountable to maintain sobriety.
3. **Stay Preoccupied**– Find things that you enjoy or try a new activity, get back into something you used to do.
4. **Avoid Triggers**– Know what your triggers are, situations that may cause stress, anxiety and be potentially harmful and try to avoid them.
5. **Don't Be Afraid To Say No**– If you are invited to a party or a place with friends that will be partaking in consuming alcohol or substance, let them know you have another commitment and politely decline.

Prevention Awareness

"One Decision Is All It Takes"

#OneDecision

CFLR's Prevention Commercial, produced by C & D Advertising, was nominated and has won the Telly Award. This honors excellence in videos and television. Receiving over 12,000 entries from all 50 states and 5 continents. If you have not seen CFLR's Prevention Commercial visit our Facebook page, or click the [Link: Prevention Commercial](#)

Law Enforcement Officials are Cracking Down on Fentanyl

Officials are starting to treat overdose deaths as homicides in hopes to combat fentanyl. Not only are they going after the small time drug dealers, but charging foreign nationals with conspiracy. Throughout 2017 there were 267 people with fentanyl crimes, previously there were 74. Law enforcement officials are starting to crack down harder than before to decrease fentanyl overdoses.

[Law Enforcement Officials Aggressively Prosecute Crimes Involving Fentanyl](#)



CFLR, INC. CLASSES

CFLR's, Impaired Driver Program (IDP)

CFLR's, IDP offers classes in Rome and Utica during the week and on Saturday. To sign up for this program and to receive a conditional license, please visit your local DMV or contact CFLR at 315-768-2660 or jpassalacqua@cflrinc.org for further information.

Family Support Navigation Classes

Where: Center for Family Life and Recovery, Inc.
502 Court St. Suite 401 Utica, NY 13502
When: Tuesday's
Time: 5 P.M.

CFLR, Inc. also provides classes on the Science of Addiction. If you would like to attend either classes call Ambi Daniel: 315-768-2665

Active Parenting of Teens

Where: Center for Family Life and Recovery, Inc.
502 Court St. Suite 401 Utica, NY 13502
When: July 18—July 27
Time: Varies
Call Susan Koslosky at 315-768-2677 to register.

Substance Use: Facts and Warnings

NYPD Warns About a Toxic Batch Of Synthetic Marijuana

There has been an advisory alert issued for the Brooklyn North Borough Command warning residents about a toxic lot of K2. This batch of synthetic marijuana has already been connected to 49 overdoses, police are investigating the source. Synthetic marijuana is purely hand made, with no real content of marijuana, which is made up of chemically sprayed dried leaves. These products are usually labeled "not for human consumption" and marketed as incense.

[New York City Police Department Issues Alert on Synthetic Cannabinoid Products](#)

Voluntary Recall for Naloxone Hydrochloride Injection

Naloxone Hydrochloride is used to partially or completely reverse opioid depression. With Naloxone being recalled there is a low chance of "local irritation, allergic reactions, phlebitis, end-organ granuloma, tissue ischemia, pulmonary emboli, pulmonary dysfunction, and toxicity." For more information regarding the recall on Naloxone please click the link below.

[Hospira Issues a Voluntary Nationwide Recall for Two Lots of Naloxone Hydrochloride Injection, USP, in the Carpuject Syringe System due to the Potential Presence of Particulate Matter](#)

Driving Under the Influence is on the Rise

According to the U.S. News & World Report, the cases of drivers fatally injured in a vehicle accident that were driving under the influence of one or more substances is rising. In 2016 a study done by Governors Highway Safety Association, found that 44% of fatally injured drivers were under the influence of one or more substances when the accident occurred. When under the influence of any substance or alcohol be sure to have a sober driver to ensure the safety of self and others around.

[Number of Drivers Who Die While Under the Influence of Drugs Rises](#)

Teens Using Alternative Medication, May Not Be As Healthy As You Thought

It was found that youth are now using alternative medications, herbal products and nutraceuticals, to treat health conditions or effects from prescription drugs. These alternative medications are not held to the same regulations as prescription drugs are, which means not as much is known about the safety and effectiveness.

[U.S. Teens Embracing Alternative Medication. Is that a Healthy Trend?](#)

WHO Says: Compulsive Video Gaming Could Be a Mental Health Condition

World Health Organization, WHO, classified Compulsive Gaming as a Mental Health condition. This may cause some unnecessary concerns for parents with youth that enjoy gaming, as this is more than just the average teen that stays up late to game. Concerns to watch out for may include dropping out of school, quitting a job and losing interest in social life due to gaming. Teens view gaming as being fun, but in more serious cases it could lead to a mental health condition.

[Compulsive Video Gaming a Mental Health Condition](#)

There Has Been an Increase on Opioid Sales on the Darknet

The "Darknet", an illegal online network, is showing a "permanent sustained increase" of opioid sales, says James Martin. This may be due to the DEA moving opioid prescriptions to Schedule II Drug. This means that doctors are limited on prescribing them, making them harder to obtain. There was a large increase in American opioid sales after the change, a study found, while other drugs continued to stay consistent with years prior.

[Increased Opioid Regulation Leads to Growing Illegal Sales Online](#)

**CFLR, INC.
VOLUNTEER
OPPORTUNITIES**

Compeer Program

7/3/18: Coffee Club:
The Tram
Lincoln Ave Utica
10:30-12 P.M.

7/5/18: Coffee Club:
Denny's Restaurant
200 James St, Rome
1:00-2:30 P.M.

7/17/18: Coffee and
Crafts: CFLR: 502 Court
St., Suite 401, Utica
11-12:30 P.M.

CFLR, INC. ACTIVITIES

Give It A Whirl

Monday's at Chestnut
Commons: Chestnut
St, Rome NY
6-7 P.M. and 2-3 P.M.

Wednesday's at CFLR
205 N. Washington St,
Herkimer, NY
5-6 P.M.

Wednesday's at CFLR
502 Court St, Utica, NY
6-7 P.M.

Friday's
Chestnut Commons
Chestnut St, Rome, NY
1:30-2:30 P.M.

Please call Mark at
315-768-2656 to
reserve a seat.

Youth Summer Activities

Keep your youth involved in positive activities over the summer. Check out what's going on in these communities by clicking on the activity. Have a safe summer!!

Adirondack

[Boonville Library](#) [Kids Oneida](#) [Kids Camps](#) [Pixley Falls](#)
[Black River Canal Museum](#)

Camden

[Camden Library](#) [Kids Camp](#)

Clinton

[Kids Oneida](#) [Kids Camp](#) [Root Glen](#) [Cider Mill](#)

Holland Patent

[Holland Patent Library](#) [Kids Camp](#)

Madison

[Kids Camp](#) [The Wild Park](#)

New Hartford

[New Hartford Library](#) [Kids Oneida](#) [Kids Camp](#) [Family Fun Factory](#)

New York Mills

[New York Mills Library](#) [Kids Camp](#)

Oneida

[Oneida Library](#) [Kids Oneida](#) [Kids Camp](#) [Recreation](#) [Cultural Center](#)

Oriskany

[Oriskany Kids Oneida](#) [Kids Camp](#) [Parks and Recreation](#) [Oriskany Museum](#)

Remsen

[Remsen Library](#) [Kids Oneida](#) [Kids Camp](#)

Rome

[Rome Library](#) [Kids Oneida](#) [Kids Camp](#) [Fort Rickey](#) [Fort Stanwix](#)
[Parks and Recreation](#) [Parks](#) [Sports Hall of Fame Museum](#)

Town of Webb

[Kids Oneida](#) [Kids Camp](#) [Water Safari](#) [Museum](#) [Sight Seeing Cruise](#)
[Activities](#) [Pigeon Lake Wilderness](#) [Canoe](#) [Museum](#) [McCauley Mountain](#)

Utica

[Prospect Library](#) [Utica Library](#) [Kids Oneida](#) [Kids Camp](#) [Utica Zoo](#)
[Adirondack Railroad](#) [Munson Williams](#) [Art Gallery](#) [Game Cafe](#)

Vernon-Verona-Sherill

[Sherill Library](#) [Vernon Public Library](#) [Kids Camp](#) [VVS School](#)

Waterville

[Waterville Library](#) [Kids Camp](#)

Whitesboro

[Whitesboro Library](#) [Kids Camp](#)

CFLR, Inc.'s Prevention Department:

At Center for Family Life and Recovery we are committed to working together with our school districts and community partners with the common goal of improving our children and families quality of life. If you would like to know more about the Prevention Services, visit our website by clicking the link below or by contacting Jodi Warren, Director of Prevention Services at 315-768-2643 or jwarren@cflrinc.org.

[CFLR, Inc.'s Prevention Services](#)

TURN IN YOUR UNUSED OR EXPIRED MEDICATION FOR SAFE DISPOSAL!!!

Check your home for expired and unused medication, including pet medication, and dispose of them at a MedReturn Unit. MedReturn Units are a safe, convenient, and responsible means of disposing of prescription/non-prescription drugs, that are located throughout Oneida County. Current MedReturn Units Sites: **Boonville PD; Camden PD; Kirkland PD; Oneida County Sheriff's Dept.; Oriskany PD; Rome PD; Sherrill PD; Trenton Municipal Building; Waterville Municipal Building; and Utica PD.**

*These units do *NOT* except sharps (syringes). Please visit our website for sharp drop off locations.

